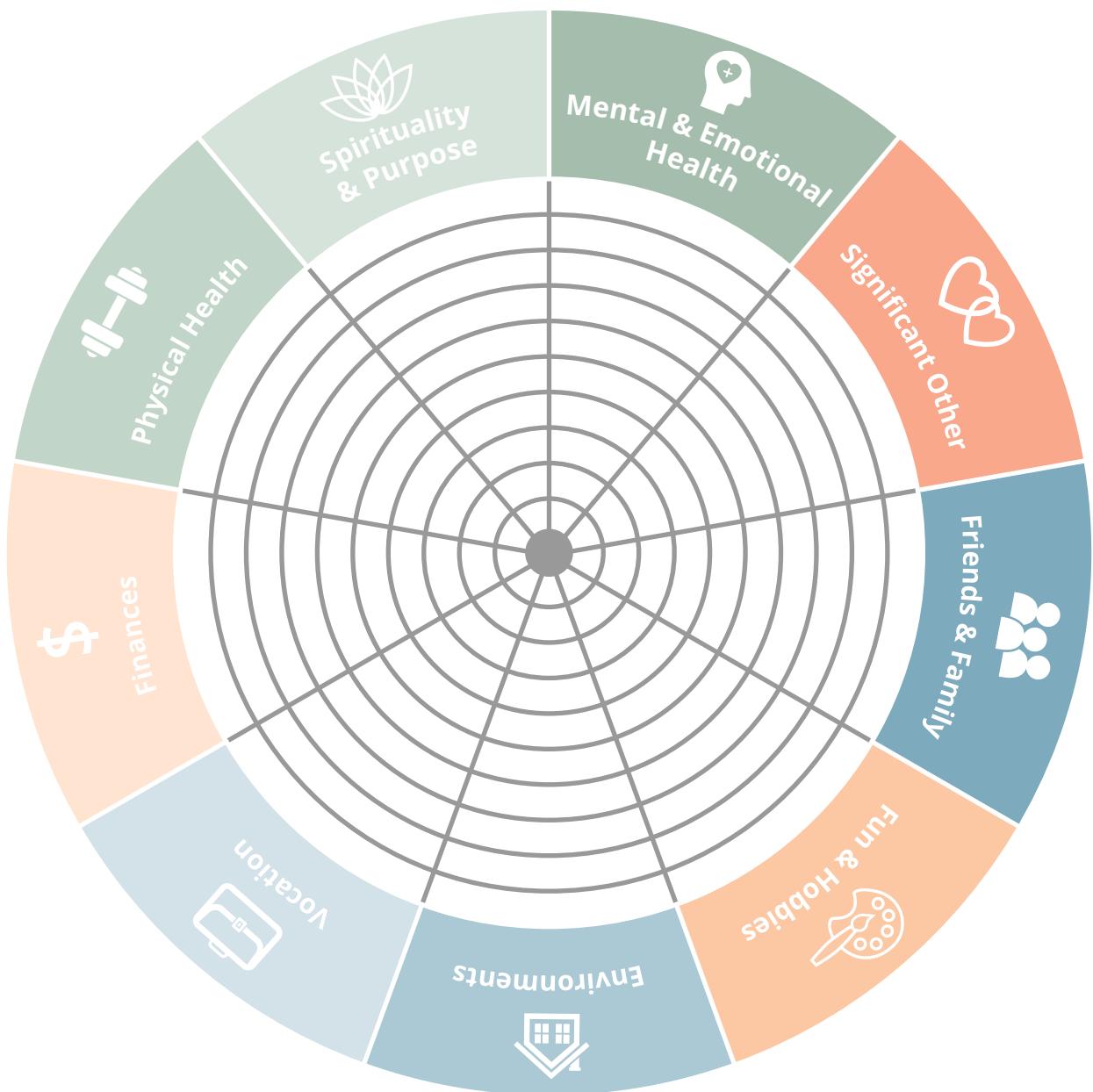


START HERE

Wheel Of Life

The center of the wheel represents one, and the outermost part represents ten. For each category, give yourself a rating on where you are showing up now versus where you desire to be - ten being the best. Be brutally honest with yourself. Ask 'How do I really feel about this area?'

Color in each area of the Wheel of Life up to the corresponding number you've chosen. Your wheel is completed once you've assigned satisfaction scores to all the categories that matter to you.



Month: